

The 5 Freedoms

Freedom from hunger and thirst

All animals deserve access to clean water and a well-balanced, nutritious diet. Freedom from hunger and thirst provides for animals most basic needs by allowing that animal to remain in good health and full of vitality.



Freedom from discomfort

All animals should live in an appropriate environment. The conditions and surroundings given to an animal contribute to its overall well-being. By providing an animal with shelter and a comfortable resting area, you are ensuring that the animal remains healthy and happy.

Freedom from pain, injury or disease

All animals should be entitled to immediate veterinary attention when sick or injured. To avoid unnecessary suffering, animals should be taken to a vet when sick or injured and treated. Pain and injury can be prevented through regular visits to a vet.



Freedom to express normal behaviour

All animals should be allowed to express normal behaviours. A normal behaviour is the way an animal acts in its natural environment. Enough space, proper shelter and housing and company of the animals own kind encourages the expression of normal behaviours.

Freedom from fear and distress

All animals deserve to be happy. Ensuring conditions that avoid unnecessary anxiety and stress will help to provide freedom from mental suffering. While favourable physical conditions are important, appropriate mental conditions are also essential to good animal welfare.

